

# 21X14CM

**AIR PRESSURE+  
LEG MASSAGER**



**AIR COMPRESSION  
LEG MASSAGER**

Thank you for purchasing our products.

- Please read the instruction manual carefully before use, especially the "safety precautions", fully understand the scope of application and operation methods of the product, so that you can use it correctly and safely.

**G. The following sounds will be heard. Is it abnormal?**

① **Velcro sound is crisp**  
This is the sound of the Velcro slightly opening on the massager (this is the sound of the Velcro being pulled when the air enters the airbag).

② **Buzzing sound**  
This is the sound produced by the mode effect. These are normal which is caused by the natural design of the massager structure.

**TROUBLESHOOTING**

Before requesting repairs, please confirm the following contents, and if errors persist after inspection, please contact your dealer.

Symptoms	Check
Power cannot be turned on	Check if the battery has power.
Stop working halfway	1. Whether it is out of power. 2. Whether the hose plug is loose. 3. Is the connecting hose broken?
Air does not enter	Is the connecting hose broken?
No temperature felt at the knee. Different feelings of warmth between left and right knees	1. The heating (heater) part will be heated in about 5 minutes. 2. The heated part does not fit closely to the knee, the gap is too large. 3. Whether the knee is in the set heating position.
Stress intensity is too weak	1. Are the accessories loose? You can tightly wind the Velcro properly. 2. Do you wear thick socks or pants?
Stress intensity is too strong	Is the attachment too tight? You can relax the Velcro appropriately.
Air cannot be exhausted	Remove the accessory and pull out the hose plug to reinstall.

Thank you for purchasing our products.

- Please read the instruction manual carefully and use it correctly and safely.
- Be sure to read "Safety Precautions" before use.

**C. Safekeeping**

Put in a place where temperature and humidity do not rise and sunlight cannot reach.

- Keep out of the reach of children.
- Do not store other objects on the surface of the controller or massager (avoiding traces on the surface or color shift / discoloration).

**COMMON PROBLEMS**

**A. Under what circumstances should I not use it?**

**Answer:**

- During pregnancy or immediately after birth delivery.
- Patients with severe blood circulation disorders cannot be used under the above circumstances. You can also see the details on page 2.
- In addition, if you have a fever or any abnormality in your body, be sure to consult a doctor before use.

**B. How many times can I use a day?**

**Answer:**

For your safety, the massager will automatically shut down after 20 minutes of continuous use. We do not recommend that you use a massager for more than 1 hour. Prolonged use will over-stimulate muscles and nerves and may have adverse effects.

**C. Can it be used for other parts than feet, calves, knees and thighs?**

**Answer:**

It is only for feet, calves, knees and thighs. Use in other parts may cause accident or injury.

**D. What size feet, calves and thighs are suitable for?**

**Answer:**

Foot size: about 26cm to about 36cm.  
Calf circumference: about 42cm to about 55cm.  
Thigh circumference: about 53cm to about 75cm.

**E. The strength is too strong or too weak.**

**Answer:**

The elasticity can be adjusted by the Velcro wrap method. The Velcro is loosely wound, the overall use strength and pressure will be relatively weakened. On the contrary, the Velcro can be adjusted properly, the overall intensity and pressure will be relatively strengthened.

※ Velcro that stretches out after tightening may make the skin uncomfortable and can be covered with a thin handkerchief. Attach the handkerchief to the exposed Velcro.

**F. The air in the massager hose cannot exhaust.**

**Answer:**

If a lot of air remains in the airbag, it may take some time to exhaust. Unplug the hose and wait for a while for the air to escape naturally.

**AIR COMPRESSION  
LEG MASSAGER**

**INSTRUCTION MANUAL**

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**SAFETY PRECAUTIONS**

**Attention: Do not use this device to supplement or replace any treatment you are currently receiving. If you encounter any unexplained pain, have received treatment for circulation or vascular problems, or use home medical equipment, please consult your doctor before use.**

- Before using our product, please be sure to fully understand the scope of application, operation methods, precautions, etc.
- If you have any product quality problems, please consult the seller. Do not disassemble, modify or repair by yourself.
- Please charge the controller before use.
- This product is a household electronic health care product, which is not suitable for diagnosis, treatment and other commercial purposes, and cannot replace medicine and medical machinery.
- Children and people with limited self-care ability and those with sensory defects are not allowed to use.
- Use with caution for those with physical or mental disability or intellectual disability. Please use it under the supervision of escorts. Any discomfort during use, please stop using it immediately.
- Please use it safely in a safe environment.
- If you feel unwell or have any discomfort during use, please stop using the product immediately.
- Do not put this product in an unattended place, especially where children play around.
- Do not use this product directly on areas with swollen or inflamed skin or on open wounds.
- Do not use in the bath or shower.
- Do not place or store this product in a place where it may fall into the bathtub or sink. Do not immerse the product in water or other liquids.
- Do not use pins or other metal fasteners on this device. Keep dry. Do not operate in a humid environment.
- Do not operate in an environment with aerosol (spray) products or where concentrated oxygen is used.

**Warning!**

If you have any of the following conditions, please do not use our product.

- Pregnant or just after giving birth.
- People have a pacemaker or other medical implant.
- People suffering from heart disease or vascular disease.
- Abnormal blood pressure or receiving treatment to return blood pressure to a normal status.
- People suffering from fracture-osteoporosis, spinal fracture fractures, muscle separation and other acute painful diseases.
- People suffering from cancer.
- People recently had surgery.
- People with sensitive skin or poor blood circulation.

If you encounter the situation below, please consult with your doctor before use.

- People with malignant tumors (tumors).
- People with heart disorders.
- People who lose their sense of temperature.
- People with impaired consciousness.
- People with wounds at the treatment site.
- People who have a body temperature above 38 °C (with a hot period) (eg. acute inflammation symptoms such as burnout, chills, changes in blood pressure, etc., and when they are weak) and who need to recuperate or when the physical condition is significantly worse.

**Tips:**

- For the first use, it is recommended to start with the "weak" level of strength. You may increase the strength after getting used to it.
- The air pressure is obvious after the massager is turned on, so when using it for the first time, install it according to the position of the velcro as much as possible. After getting used to it, adjust it according to your needs.
- Please do not stand to use, sit down or lie down as much as possible to relax in order to better enjoy the massage.

**CLEAN AND STORAGE**

**A. Clean**

※ Make sure to turn off the power and unplug the hose.

Never use thinner, benzine or alcohol (which may cause malfunction, broken parts, discoloration, etc.)

1) Wet the cloth and wring it out  
(If you are worried about dust, please use a neutral detergent in the kitchen, dilute to 5% with warm or clean water.)

2) Clean  
Wipe the inside and outside of the leg massager, remember not to wipe with large force.

※ Note:  
If rubbish or hair is caught in the hook and loop fastener, remove it with a toothpick, etc.  
Do not insert foreign objects into the outlet of the hose plug.

**B. Storage**

1) Stick the Velcro on the feet, ankles and calves to the corresponding positions at once 1-2-3, and fold the foot part inward 4.

**INTENSITY1 Intensity Button**

The sequence is as follows:

L1: Low Intensity (Default power on intensity L1)  
Massage with low strength.

L2: Second Lowest Intensity  
Massage with second lowest strength.

L3: Medium Intensity  
Massage with medium strength.

L4: Second Highest Intensity  
Massage with second highest strength.

L5: High Intensity  
Massage with high strength.

**HEAT1 Heater Button**

The sequence is as follows:

H1: Low Temperature (Default temperature is H1)  
Massage with low temperature (about 40°C).

H2: Medium Temperature  
Massage with medium temperature (about 45°C).

H3: High Temperature  
Massage with high temperature (about 50°C).

Press heat button to switch the temperature mode. When H3 is displayed, the heating function is turned off.

Note: The product heats the calves and the feet.

**PRODUCT INTRODUCTION**

**CONTROLLER**

LED Display

Power Mode Intensity Heat

Message Air Tube

Leg Joint

**PRODUCT SPECIFICATION**

Product Name	Air Compression Leg Massager
Power Specifications	DC12V 2A ---
Power	30W
Knee Temperature	40/45/50°C (Low-Medium-High Level)
Automatic Shut-off Time	5min. 10min. 15min. 20min. 25min. 30min
Recommended Using Time	15mins in each mode, 60mins in one day
Massage Intensity	Foot: Weak: 30kpa Medium: 36kpa Strong: 38kpa
	Calf: Weak: 22kpa Medium: 24kpa Strong: 30kpa
Size Range of Each Part	Foot: about 26cm-36cm
	Calf circumference: about 42cm-55 cm
Product Weight	About 1.25KG
Product Size	About 45x25x18cm

**USAGE METHODS**

**A. Check before use**

- Check that the fabric is in good condition.

• Check that it can work properly after powering on (please check this if it is not used for a long time).

• There may be signs of use on the skin. If you are worried about using marks, please wear on socks or pants before using the massager. It may leave marks on the calves, feet, knees and thighs, and may not fade immediately, so please pay attention before going out.

**NOTE: Do not use it on clothes and trousers with zippers or metal objects. It may damage the product.**

**B. How to connect the controller with massage hose?**

As shown above, insert the words "R" and "L" on the hose into the corresponding "R" and "L" holes on the controller respectively.

**Note: Make sure that the words on the hose are facing out, as we can see, that is, "L" is facing up, "R" is facing down. Otherwise, the air pressure cannot be produced.**

**C. WEARING ORDER**

- Put the foot into the massager, start from the foot, fix the foot first, and then stick the velcro to the calf-thigh-knee in sequence, as shown below.

There are two velcros on the calf.

**Tips:**

It is easier to install if you sit on a chair.

When installing, please be careful not to let Velcro stick to the clothes or stockings, especially the sweater, so as not to damage your clothes.

**D. Ready to start using**

**[POWER]** (Default timing is 15 minutes)

Short press power button to start the machine. The screen lights up and starts rotating the display. Press power button to adjust the timing time. Each time you press it, it will increase by 5 minutes, up to 30 minutes. Long press for 3 seconds to stop the machine. The screen displays [00:00].

Adjust the timing: 15min → 20min → 25min → 30min → 35min → 40min

**[MODE] Press mode button to switch mode.**

The sequence is as follows:

**[P1]: Sequence Mode** (Default power on mode P1)

In sequence mode, the foot and the lower calf chamber compress and maintain pressure, the upper calf chamber compresses and maintains pressure, and all four chamber air sacs are released at the same time, with a short rest period, then the upper calf chamber compresses and holds the pressure, the foot and the lower calf chamber compresses and holds the pressure, all four chambers are released at the same time, and there is a short rest period before the cycle is repeated.

**[P2]: Circulation Mode**

In circulation mode, the foot and the lower calf cavity are compressed and released, the upper calf cavity is compressed and released at the same time as the foot and the lower calf cavity is released, and the foot and the lower calf cavity are compressed and released at the same time as the upper calf cavity is released, loop the program again.

**[P3]: Combination Mode**

In combination mode, the foot and lower leg cavities are compressed and released again, the upper leg cavity is compressed and released again, all four chamber air sacs are compressed simultaneously and released again, with a short rest followed by a recirculation procedure.