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210mm

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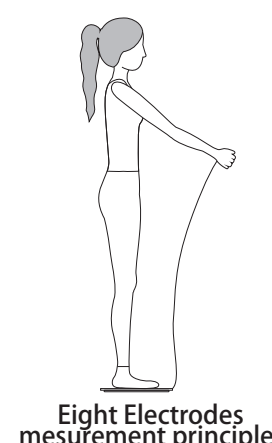
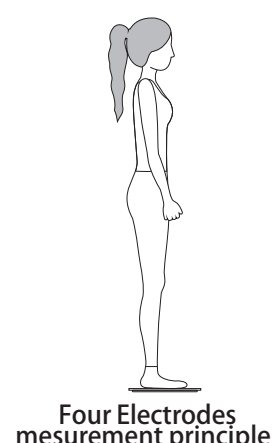
Eight Electrodes Professional Body Fat Scale

Instruction Manual



Eight electrodes professional body Fat Scale provides in-depth measurements of not only your weight but also other key measurements that can aid you in optimum weight, which accurately measures, calculates, and analyses essential body composition like Weight, Body Fat, Bone Mass, BMR and more.

The four electrode body fat scale only measures the data of lower limbs, and infers the data of fat, bone, muscle, moisture and calories from the algorithm model.



The Eight Electrode Body Fat Scale what is used to measure the data of upper limbs, trunk, lower limbs and other human body segments, so as to better know of which the body fat and skeletal muscle distribution. and this product are good to use for gym/home/Beauty Salon/ Weight Watchers /Athletes/hospital

1. SPECIFICATION

- 1).Max Capacity: 180kg / 396 lb
- 2).Auto on and auto off
Remark: The scale would be switched on when weighing object up to 5 kg or above.
- 3). Measurement: Body Weight, BMI, Body fat percentage, Muscle rate, Moisture, Bone mass, Basal metabolic rate, Protein rate, Body age, Visceral fat index, Subcutaneous fat, Standard weight, Weight control, Fat mass, Lean body mass, Muscle mass, Protein amount, Obesity rating, Limb muscle index.
- 4). High precision strain gauge sensor system to ensure high accuracy.
- 5).Safety tempered glass platform
- 6).Low battery and overload indicate
- 7) 1.5m retractable cable connect scale and hand grips

Battery

Power: 4xAAA batteries.
For the first time use, please open the battery cover to insert the batteries according to the polarity. If the scale fails to operate, remove the battery completely and reinsert them again.

2. OPERATION

A. Measure body weight
Remarks:The scale will only measure your body weight without connection to smart phone through bluetooth.

1)Please put the scale on the hard & flat floor, it cannot be used on the carpet or soft object.



2)Carefully step on the scale. Hold still until the weight reading is shown and locked on the LED

3)The scale will be automatically off without further operation



B. How To Connect With Bluetooth

1)Download App
By searching "Ailink" , you can find app of "Ailink" at App Store or Google Play Store, You can also use your device to scan the following QR code and follow the instructions.

Note:The app is available for iOS version 8.0 or greater,Android version 5.0 or greater,bluetooth version 4.0 or greater



2) Registered user

·Register an ID by editing the user' s information, accordingly.
·Before use "Ailink" App ,make sure your device of " Bluetooth" function & "GPS" or "Location" is on.

3)Pairing with your device

3.1)Power on your scale on and open the APP of Ailink
3.2)Tap the icon <+> at the top-right corner to add device,there are 2 ways to add the device, <Add manually> & <Device nearby>,we recommend you choose <Device nearby>.

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tap <Device nearby>,then your device will show on the screen,choose your device then follow the instruction to pair your device
3.3)Step on scale again with bare feet and grasp the hand grips with both hands, first the scale displays your weight only.,then, it displays 0000 until it finishes analyzing your body compositions. When the scale displays your weight again,then can get your datas of your body compositions' results at app.



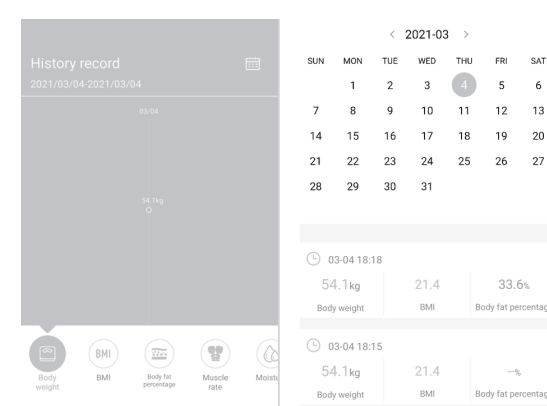
- Grab the hand grips (two locations) only after the body weight figure on the display has stabilized.
- Do not step off the Weighing Platform until the <0> symbols disappear completely.
- In cases when measurements of the body fat ratio or the quantity of fat are abnormally small or the error message (Err1) is shown on the display, the probable reason is that the soles of the feet and the electrodes are not in full contact or no take off your socks. Make sure you step on the Weighing Platform so there is contact between the electrodes and the soles of your feet.if the problem is not solved this way, it is possible that the soles of the feet have calluses and there distance is too great. Therefore, place about 0.5 ml of water on each of the four electrodes where the feet touch before measurement.

3.4) How to share and download your report
Click here ,you will get a report and support to download the report

Click here ,you can share your report to third part platform

3.HOW TO TRACK YOUR HISTORY RECORD

To know before measurement record,go to <recording> page,Click the calendar upper right,you can see more detail:



4.HOW TO REMOVE DEVICE

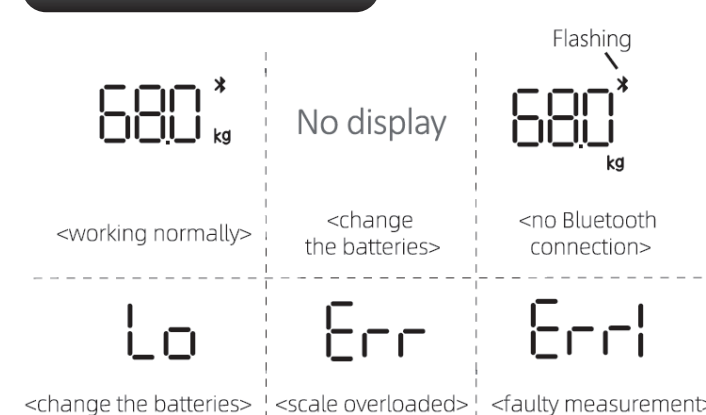
At the <set up >page,go to<About the device>,at the bottom of the page, click <delete device> to remove device.

5.WHAT OTHER FUNCTION ON APP

5.1.Data
At home page,go to <DATA> you will get overall information from the body fat scale,blood pressure,body temperature,heat rate,height,sleep,blood glucose,steps,sport data, and blood oxygen saturation,now you only get the 3 body index measurement,BMI,BFR and muscle rate,if you have other device ,you will get more information here.

5.2.Buddy
At home page ,go to <Buddy>,here you can add your family or friend Ailink APP ID,so you can know each other information.it is good for you know your family member body data.

6.TROUBLE SHOOTING



Faulty measurement Err1

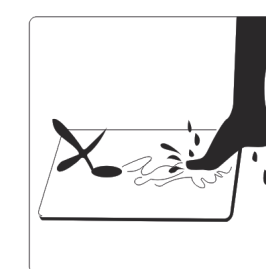
There are 3 reasons your scale might display <Err1>

1. Keep wearing shoes or socks. Suggest to do it with bare feet.
- 2.Body fat percentage is less than 5% or over 50% (check your app user' s information if correct)
- 3.No stand on the correct position ,please try measure again.

7.ADVICE FOR USE AND CARE

- 7.1. Please keep your bare feet in touch with the electrodes
- 7.2. Please check the batteries if the scale malfunctions. Change new batteries if necessary.
- 7.3. Please use soft tissue with alcohol or glass cleaner to clean the surface if it is dirty. No soap or other chemicals are recommended. Keep it away from water, heat and extreme coldness.
- 7.4. The scale is high precision measuring device. Never jump or stomp on the scale.
- 7.5. The scale' s data is for reference only. You should consult a doctor when you under take any diet or exercise program.
- 7.6. This scale is not suitable for pregnant women and who with pacemakers

Caution: Slippery when wet ! The scale platform maybe pretty slippery when wet, please make sure both the scale platform and your feet are dry before use.Never step on the scale platform with wet foot.



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